The Essential Life

THOUGHT ORGANIZER

Date

GET IT OFF YOUR MIND AND ON PAPER

HOME TO DO'S CLEANING/ PROJECTS	WORK/ PROJECTS
ERRANDS/ RETURNS	CHILDREN
BILLS/ PHONE CALLS	ON MY MIND

The Essential Life

BREAKING DOWN YOUR THOUGHTS AND TO-DO'S IS THE MOST EFFECTIVE WAY TO GET CLEAR ON YOUR PRIORITIES.

MOST URGENT	ON MY MIND

Free your mind and the rest will follow- En Vogue

The Essential Life DON'T KNOW WHERE TO START?

the whole story